

Gorham High School Dining Services
Ala Carte List 2015/2016
Updated 11/4/2015

(PRICES SUBJECT TO CHANGE WITHOUT NOTICE)

ITEM DESCRIPTION	SERVING SIZE	CALORIES	PRICE
YOGURT PARFAIT	1	329	\$2.75
YOGURT CRUNCH	1	170	\$1.50
SMALL SALAD	1	80	\$1.75
LARGE SALAD	1	120	\$2.75
CAESAR SALAD	1	114	\$2.25
FRUIT SALAD, 12 OZ.	1	92	\$2.75
CHOCOLATE MILK, 8 OUNCE	1	130	\$0.50
ORANGE JUICE, 8 OUNCE	1	120	\$0.75
WATER, 17 OZ.	1	0	\$1.25
SELTZER WATER, 20 OUNCE	1	0	\$1.25
FRUIT WATER, 20 OUNCE	1	0	\$1.75
COFFEE, BLACK	1	80	\$1.00
ASSORTED 20 OZ. BEVERAGES	1	0	\$1.75
CEREAL BAR, STRAWBERRY	1	120	\$1.25
CEREAL BAR, BLUEBERRY	1	120	\$1.25
CEREAL BAR, APPLE CINNAMON	1	160	\$1.25
CEREAL BAR, RICE KRISPIES WHOLE GRAIN	1	160	\$1.25
CEREAL BAR, GOLDEN GRAHAMS WHOLE GRAIN	1	150	\$1.25
CEREAL BAR, TRIX, WHOLE GRAIN	1	150	\$1.25
KASHI GRANOLA BAR, CHEWY TRAIL MIX	1	140	\$1.00
OATMEAL CHOCOLATE CHIP BAR, WHOLE GRAIN	1	130	\$1.25
TOASTER PASTRY, FROSTED CINNAMON	1	370	\$1.25
TOASTER PASTRY, FROSTED STRAWBERRY	1	360	\$1.25
LAYS POTATO CHIPS FUN SIZE	1	80	\$1.00
BAKED LAYS BBQ CHIPS	1	140	\$1.00
BAKED LAYS SOUR CREAM & ONION CHIPS	1	130	\$1.00
POTATO CHIPS, MISS VICKIE'S SEA SALT & VINEGAR	1	190	\$1.25
TOSTITOS CRISPY ROUNDS SINGLE SERVE	1	140	\$1.25
DORITOS, COOL RANCH	1	130	\$1.25
CHEETOS CRUNCHY CHEESE SNACKS	1	150	\$1.00
MULTI-GRAIN HARVEST CHEDDAR SUN CHIPS, 1 OZ.	1	140	\$1.00
MULTI-GRAIN HARVEST CHEDDAR SUN CHIPS, 25G BAG	1	110	\$1.00
POPCORN, CBE	1	120	\$0.60
POPPED CRACKER - SOUR CREAM & ONION	1	90	\$1.00
GOLDFISH CRACKERS WHOLE GRAIN CHEDDAR	1	100	\$1.00
GOLDFISH PUFFS	1	100	\$1.00
KEEBLER BUG BITES CINNAMON GRAHAMS	1	120	\$1.00
CHEEZ-IT WHOLE GRAIN CRACKERS	1	100	\$1.00
FIG NEWTON COOKIE	1	100	\$0.75